

# INTERNATIONAL FENCING TRAINING CAMP

## HORIZON TOKYO 2020

### 3 Weapons

- **For Men, Ladies Training for coaches**

### **FREJUS, France** (French Riviera)

(70 Km from NICE airport and 40 km from Cannes)

**April 9-12, 2019**

**With IWAS Competition SATELLITE in Antibes on April 13-14 th 2019.**

**Location:** Centre de Vacances « Azureva » 1943 Rue des Combattants d'Afrique du Nord, **FREJUS**  
Rooms for 2 persons; Cafeteria; Swimming pool; Bar; Gymnasium

## PROGRAMME

### 3 Weapons

- Individual lessons, group lessons, bouting, physical training

### Training for coaches

- Instructional techniques for individuals and groups specifically for wheelchair fencing and for visually impaired fencing. Medical aspects will also be covered.

## DAILY SCHEDULE

- 8:30 to 9:30 : Physical training
- 10:00 to 12:00 : Group exercises
- 14:30 to 18:00 : Individual lessons and matches
- 22:30 to 22:30 : Individual and team competition

## PEDAGOGICAL SUPPORT

- Director of training camp : Fencing Master Jean Deleplancque
- Fencing Masters : National Trainers 20

## FINANCIAL PARTICIPATION

**600 Euros / person**

Package includes:

- Lodging (2 athletes per room at most)
- Shuttle
- Meals from Tuesday (Lunch) April 9th to Sunday April 14th. (6 days)
- Related logistics for participation in the IWAS Competition Satellite in Antibes (transport, registration, meals).

Created in 2003, the fencing training camp « Azureva » has welcomed annually on average: 30 wheelchair fencers, 8 visually impaired fencers and 25 coaches.

The French national team participates annually. Other national teams have also taken part on a regular basis from: Belgium, Canada, Belorussia, Brazil, Germany, Great Britain, Lebanon. Poland, Switzerland. Turkey, Holland. Italy.

**CONTACT:**

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